



PARENTAL CONSENT FORM

I, _____ agree that _____
(please print parent or legal guardian's name) (please print participant's name)

may participate at **NOS Workout Tour**.

RELEASE: In consideration of participation in a fitness activity, I agree, on behalf of the above named child, his/her heirs and representative, to fully and forever release Alpha, the event organizers, its officers, volunteers, agents and employees from any and all liability, claims, demands, damages, actions, of causes of action, whatsoever arising out of a or related to belonging to my child or me, related to the activity, regardless of cause. This release covers everything that happens from the time I leave my child until I pick them up.

CONSENT: To the best of my knowledge, the above named child can fully participate in exercise. I am aware of risks and hazards connected with exercise and my child hereby elects to voluntarily participate in Exercise activities, knowing that the exercise and equipment may be dangerous to my child. I voluntarily assume full responsibility for any risks of loss, property damage or personal injury that may be sustained by my child or any loss or damage to property owned by me or my child, as a result of being engaged in exercise activities, regardless of who caused the incident.

MEDICAL COSTS: I understand that the organizers will not be responsible for any medical costs associated with any injury my child may sustain.

INFORMED AGREEMENT: I have reviewed this Agreement and am aware of the risks involved in participating in the Workout Tour and the possible injuries that may occur. My child freely and voluntarily agrees to participate in the activity. In signing this release, I represent that I understand this Agreement and sign voluntarily as an act of my own free will. Alpha has not made any oral representations, statements, or inducements, apart from this Agreement. I am at least eighteen (18) years of age and fully competent to execute this Agreement. Also, I understand that all rules and regulations for Alpha will be enforced and any violation by my child may result in a call to me with a possible request to come and pick up my child.

Signature of Parent or Legal Guardian _____ Date Signed _____
Printed name/Parent/Legal Guardian _____ Emergency Phone numbers: _____
Father: _____ Mother: _____